

# **Nappy Changing Policy**

Signed Chocats

Principal

Date: 7th October 2021

Signed

M.J. Shenin.

Chair of Committee Date: 7th October 2021

Reviewed: October 2021 Next Review: October 2023

This policy sets out the clear principles and guidance on supporting children's needs with specific reference to nappy changing. It is to be considered in line with our Intimate Care & Toileting Policy.

# The Disability Discrimination Act (DDA 2001 amended 2005)

In line with the above named Act, Daresbury Primary School will ensure:

- No child who has not achieved continence regardless of age will be refused admission
- Adjustments will be made for any child who has delayed incontinence

#### Aims

The aims of this policy and associated guidance are:

- To safeguard the rights and promote the welfare of children
- To provide guidance and reassurance to staff who are required to change a child's nappy
- To assure parents/carers that staff are knowledgeable about personal care and that their individual concerns are taken into account
- To protect children from discrimination, and ensure inclusion for all

## **Basic Principles**

At Daresbury Primary School we will bear in mind the following principles when nappy changing:

- Children have the right to feel safe & secure
- Children will be respected and valued as individuals
- Children have a right to privacy/dignity when staff are meeting their needs
- A child's understanding of toileting procedures is designed to lead to independence

## **Protection for Staff**

As far as possible, nappy changing procedures will be carried out by the child's Key Person (policy will however be shared with all staff as this might not always be possible), protection being afforded to the single member of staff in the following ways:

- Staff will be trained in good working practices which comply with health and Safety regulations as set out in our Health and Safety Policy under Toilet and Nappy Changing.
- Staff will notify the class teacher (or another member of staff) discreetly that they are taking the child to carry out a care procedure
- If a situation occurs that causes staff embarrassment or concern, a second member of staff should be called if necessary and the incident reported to EYFS co-ordinator and recorded
- Where staff are concerned about a child's actions or comments whilst carrying out the personal care procedure, this should be recorded and discussed with the EYFS coordinator immediately
- Risk Assessments will be carried out for Toileting and Nappy Changing procedures
- Staff will be trained in the area of Intimate/Personal care for children with specific needs and procedure for safe moving and handling. We will always seek to involve the parents of the child in any training.

# Nappy Changing Procedure

At Daresbury Primary School we will follow the Nappy changing Procedure below:

- Gather all the necessary items needed before each nappy change, for example, nappy, wipes, nappy sack, cream if necessary (each child should have their own named cream and written permission obtained from the parent). These should be located close to the changing area in a secure bag
- Wash and dry your hands.
- Put on gloves and apron. You should use a new set of gloves and apron for each nappy change.
- Place the child on a nappy changing mat on floor in KS1 toilets, ensuring that the floor is appropriately clean and dry first. Remove the child's clothing to access the nappy. Remove the nappy and place it inside the nappy sack.
- If the child's clothes are soiled, you should bag them separately and send them home. You should not rinse them by hand.
- Using the wipes, clean the child from front to back and place the used wipes in the nappy sack. Tie the nappy sack and put it in a pedal operated bin which is specially provide for this.
- Put on a clean nappy and apply cream if necessary (see above).
- Take off the gloves and apron and place them in the pedal operated bin.
- Dress the child, encouraging them to do as much as possible for themselves.
- Help the child to wash their hands if necessary using liquid soap, warm water and paper towels.
- Wash your hands using liquid soap, warm water and paper towels.
- Take the child back to the classroom.
- Return to the nappy changing area and using anti bacterial spray and paper towels clean the changing mat, surrounding area and underneath the mat before leaving to dry and then wash and dry your hands.
- Fill in daily intimate care record
- Please note if child says no or refuses to cooperate with changing, contact parents.
  Do NOT carry out a nappy change against a child's wishes.
- Inform parents of any notable changes

## Items needed

- Pedal operated/ hands free bin specifically for nappy disposal
- Nappy changing mat
- Box/bag for each child's nappies, wipes and so on (Staff to inform parents when supplies are getting low)
- Spare clothes
- Privacy sign on the door
- Disposable aprons
- Disposable gloves
- Nappy sacks
- Anti bacterial spray
- Paper towels
- Liquid soap

The following information has been taken from the Health Protection Agency Guidance on Infection Control in Schools and Early Years Settings (April 2010). Personal Protective Equipment (PPE).

Disposable non-powdered vinyl or latex-free CE-marked gloves and disposable plastic aprons must be worn where there is a risk of splashing or contamination with blood/ body fluids (for example, nappy or pad changing). Laundry

Wear PPE when handling soiled linen. Children's soiled clothing should be bagged to go home, never rinsed by hand.

Clinical waste

Always segregate domestic and clinical waste, in accordance with local policy. Used nappies/ pads, gloves, aprons and soiled dressings should be stored in correct clinical waste bags in foot operated bins. All clinical waste must be removed by a registered waste contractor. All clinical waste bags should be less than two-thirds full and stored in a dedicated, secure area while awaiting collection.